

Seven steps to set up a free email with Gmail:

1. Through the internet go to www.gmail.com.
2. Select the *Sign Up Now* box or select the *Sign Up For Gmail* link (you may see one or the other prompt).
3. Fill out the information and check to see if your desired login name is available, for example sue.smith@gmail.com (the login name will be your email address).
4. Create your password, using numbers and letters (both uppercase and lowercase) to provide the highest level of security for your email address.
5. Create a security question in case you forget your password.
6. Type in the word verification code that is shown in the picture left of the box.
7. Click the "I agree" button and there you go..... you have a free Gmail email.

Want more choices or additional general information on free and for-fee email services? Emailaddresses.com is just one place on the Web to find a comprehensive guide to free email and other free services. It covers web-based email, mail forwarding, POP3 mail and IMAP services.